

ATHLETE REGISTRATION

please contact us:

Registration Forms Instructional Cover Letter

Dear Special Olympics Washington Athlete:

Welcome to Special Olympics Washington! Through the power of sports, our participants find joy, confidence and fulfillment — on the playing field and in life. Whether you are new to Special Olympics Washington or have been involved for years, we are excited you are part of the movement!

To register or re-register as a Special Olympics athlete, please complete the enclosed forms and provide them to your coach. All forms are required to participate:

related to the athlete. If you do not yet have a team, please indicate that you need one in the 'Program-Team' line on the registration form.
MEDICAL FORM (page 2-4): This form is designed to identify health concerns that are more common among people with intellectual disabilities and clear an athlete to participate. Please fill out the Health History section on pages 1 and 2. If you do not understand any parts of the form, you may leave those parts blank to be discussed during the exam. The Physical Exam section on page 3 should be filled out and signed by a licensed medical professional (for example, Physician, Registered Nurse Practitioner, or Physician Assistant).
RELEASE FORM (page 5): This form goes over some important details about Special Olympics Washington participation.
COMMUNICABLE DISEASE (COVID) WAIVER (page 6): This waiver was added during COVID and is required to participate.
If you have any additional questions or need clarification on any of the items on the forms,



ATHLETE REGISTRATION FORM

State Special Olympics Program: SW - PIERCE COUN	NTY Local Area/De	elegation: SOUND ATHLETICS				
Are you a new athlete to Special Olympics or Re-Register		Re-Registering				
ATHLETE INFORMATION						
First Name:	Middle Name:					
Last Name:	Preferred Name:					
Date of Birth (mm/dd/yyyy):	Female Male	Other Gender Identity				
Race/Ethnicity:		Prefer not to answer				
American Indian/Alaskan Native Asian Amer	ican	More than one race				
☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander						
White or Caucasian Hispanic or	Latinx					
Language(s) Spoken in Athlete's Home (Optional): Chec	k all that apply					
English Spanish Other (please list):						
Street Address:						
City:	State:	Zip Code:				
Phone:	E-mail:					
Sports/Activities:						
Athlete Employer, if any (Optional):						
Does the athlete have the capacity to consent to medical	treatment on his or her o	wn behalf? Yes No				
PARENT / GUARDIAN INFORMATION (required if minor of	or otherwise has a legal g	uardian)				
Name:						
Relationship:						
Same Contact Info as Athlete						
Street Address:						
City:	State:	Zip Code:				
Phone: E-mail:						
EMERGENCY CONTACT INFORMATION						
Same as Parent/Guardian						
Name:		1				
Phone: Relationship:						
PHYSICIAN & INSURANCE INFORMATION						
Physician Name:						
Physician Phone:						
Insurance Company: Insurance Policy Number:						
Insurance Group Number:						

Athlete Medical Form – **HEALTH HISTORY** (To be completed by the athlete or parent/guardian/caregiver and brought to exam)



thlete First & Last Name:	Prefe	erred Name:	
thlete Date of Birth (mm/dd/yyyy):		Fema	ale Male Other Pi
TATE PROGRAM: SW - PIERCE COUNTY	E-mail:		
ASSOCIATED CONDITIONS - Does the athlete have (cl	heck any that apply):		
Autism	own Syndrome	Fragile X Syndi	rome
Cerebral Palsy	etal Alcohol Syndrome		
Other Syndrome, please specify:			
ALLERGIES & DIETARY RESTRICTIONS	ASSISTIVE DEVICES - Do	es the athlete use (check a	ny that apply):
☐ No Known Allergies	Brace	Colostomy	Communication Device
Latex	C-PAP Machine	Crutches or Walker	Dentures
	Glasses or Contacts	G-Tube or J-Tube	Hearing Aid
Medications:	Implanted Device	Inhaler	Pacemaker
Insect Bites or Stings:	Removable Prosthetics		Wheel Chair
Food:	I Tremovable i Tostiletics	орин	
List any special dietary needs:			
	SPORTS PARTICIPATION		
List all Special Olympics sports the athlete wishes	to play:		
Has a doctor ever limited the athlete's participation No Yes If yes, pleas			
SURG	ERIES, INFECTIONS, VACC	INES	
List all past surgeries:	A		
Does the athlete currently have any chronic or acut No Yes If yes, plea	se infection? se describe:		
Has the athlete ever had an abnormal Electrocardio	gram (EKG) or Echocardio	gram (Echo)? If yes, descri	ibe date and results
Yes, had abnormal EKG Yes, had abnormal Echo			
Has the athlete had a Tetanus vaccine in the past 7	years? No	/es	dimensional desirability and the second
EPILE	PSY AND/OR SEIZURE HIS	TORY	
Epilepsy or any type of seizure disorder	No Yes		
If yes, list seizure type:	Name of the last o		
If yes, had seizure during the past year?	No Yes		
	MENTAL HEALTH		
Self-injurious behavior during the past year		ion (diagnosed)	□ No □ Yes
	= 1	(diagnosed)	□No □ Yes
Describe any additional mental health concerns:			
	FAMILY HISTORY		
Has any relative died of a heart problem before age		Yes	
Has any family member or relative died while exerc	-	Yes	
List all medical conditions	<u> </u>		
that run in the athlete's family:			

Athlete Medical Form - HEALTH HISTORY





Athlete's First and Last Name: HAS THE ATHLETE EVER BEEN DIAGNOSED WITH OR EXPERIENCED ANY OF THE FOLLOWING CONDITIONS Loss of Consciousness No Yes High Blood Pressure No Yes Stroke/TIA No Yes Yes Dizziness during or after exercise High Cholesterol No Yes Concussions Yes No Headache during or after exercise No Yes Vision Impairment No Yes Asthma No Yes Chest pain during or after exercise No Yes Hearing Impairment No Yes Diabetes Yes Shortness of breath during or after exercise No **Enlarged Spleen** No Hepatitis No Yes Single Kidney Irregular, racing or skipped heart beats Urinary Discomfort Congenital Heart Defect No Osteoporosis No Yes Spina Bifida Heart Attack No Yes Osteopenia No L Yes Arthritis No No Yes No Cardiomyopathy Sickle Cell Disease Heat Illness Heart Valve Disease Sickle Cell Trait No L Yes Broken Bones Heart Murmur Easy Bleeding No Yes **Dislocated Joints** Endocarditis No If female athlete, list date of last menstrual period: Describe any past broken bones or dislocated joints (if yes is checked for either of those fields above): List any other ongoing or past medical conditions: Neurological Symptoms for Spinal Cord Compression and Atlanto-axial Instability Difficulty controlling bowels or bladder If yes, is this new or worse in the past 3 years? Yes No Yes Numbness or tingling in legs, arms, hands or feet No Yes If yes, is this new or worse in the past 3 years? No Yes Weakness in legs, arms, hands or feet No Yes If yes, is this new or worse in the past 3 years? Yes Burner, stinger, pinched nerve or pain in the neck, back, If yes, is this new or worse in the past 3 years? No Yes Yes shoulders, arms, hands, buttocks, legs or feet **Head Tilt** Yes If yes, is this new or worse in the past 3 years? Yes No Spasticity If yes, is this new or worse in the past 3 years? No Yes **Paralysis** If yes, is this new or worse in the past 3 years? No No Yes Yes PLEASE LIST ANY MEDICATION, VITAMINS OR DIETARY SUPPLEMENTS BELOW (includes inhalers, birth control or hormone therap) Medication, Vitamin or Medication. Vitamin or Dosage Times Medication Vitamin or Dosage Dosage Times per Times Supplement Name per Day Supplement Name Day Supplement Name per Day Is the athlete able to administer his or her own medications?

Relationship to Athlete

Name of Person Completing this Form

Email

Phone

Athlete Medical Form - PHYSICAL EXAM

Special OlympicsWashington



(To be completed by a <u>Licensed Medical Professional</u> qualified to conduct exams & prescribe medications)

Athlete's F	irst and Las	t Name:								
	/T- 1	late of the sect					INFORMATI			
Height	Weight	BMI (option		erature		O₂Sat	-	ure (in mmHg)	and prescribe medication Vision	
cm	kg		ВМІ	C			BP Right:	BP Left:	Right Vision 20/40 or better No	Yes N/A
in	lbs	Body F	at %	F					Left Vision 20/40 or better No	Yes N/A
Right Hearing (F Right Ear Canal Left Ear Canal Right Tympanic Oral Hygiene Thyroid Enlarg Lymph Node E Heart Murmur Heart Murmur Heart Rhythm Lungs Right Leg Edem Radial Pulse S Cyanosis	inger Rub) al c Membrane Membrane interpret [contained by the contain	Responds Clear Clear Clear Clear Good No No No No No No No No	No Respo	nse	Can't Eval Can't Eval Foreign Bo Foreign Bo Infection Infection Poor 3/6 or grea 3/6 or grea 3+ 4+ 3+ 4+ L>R	uate ody ody NA NA	Bowel Sounds Hepatomegaly Splenomegaly Abdominal Tend Kidney Tenderne Right upper extrer Left upper extrer Right lower extren Abnormal Gait Spasticity Tremor Neck & Back Mo Upper Extremity Lower Extremity Upper Extremity Lower Extremity Lower Extremity	erness	Yes No No Yes No Yes No RUQ RLQ No Right Left Normal Diminished No	elow elow e below e below e below e below e below
Clubbing			Yes, desc				Loss of Sensitivi	_	No Yes, describe b	
SPINAL CORD COMPRESSION & ATLANTO-AXIAL INSTABILITY (AAI) (Select one) Athlete shows NO EVIDENCE of neurological symptoms or physical findings associated with spinal cord compression or atlanto-axial instability. OR Athlete has neurological symptoms or physical findings that could be associated with spinal cord compression or atlanto-axial instability and must receive an additional neurological evaluation to rule out additional risk of spinal cord injury prior to clearance for sports participation. ATHLETE CLEARANCE TO PARTICIPATE (TO BE COMPLETED BY EXAMINER ONLY) Licensed Medical Examiners: It is recommended that the examiner review items on the medical history with the athlete or their guardian, prior to performing the physical exam. If an athlete needs further medical evaluation please have specialist complete referral linked here and return SOWA. This athlete is ABLE to participate in Special Olympics sports without restrictions. This athlete is ABLE to participate in Special Olympics sports WITH restrictions. Describe This athlete MAY NOT participate in Special Olympics sports at this time & MUST be further evaluated by a physician for the following concerns: Concerning Cardiac Exam Acute Infection Concerning Neurological Exam Stage II Hypertension or Greater Hepatomegaly or Splenomegaly										
Additional Follow to	Licensed E up with a cardiu up with a vision up with a podia	Examiner's plogist specialist	Notes ar	Follo	ow up with ow up with	ded (but a neurolo a hearing a physica	specialist	Follo	: ow up with a primary care ow up with a dentist or de ow up with a nutritionist	
	xam Notes:			- 1 011	on up mill	a physica			on up wan a namaonat	
Ciment	£1 ia	Andi					Name:			

ATHLETE RELEASE FORM



I agree to the following:

- 1. Ability to Participate. I am physically able to take part in Special Olympics activities.
- 2. **Likeness Release.** I give permission to Special Olympics, Inc., Special Olympics games organizing committees, and Special Olympics accredited Programs (collectively "Special Olympics") to use my likeness, photo, video, name, voice, words, and biographical information to promote Special Olympics and raise funds for Special Olympics.
- 3. **Risk of Concussion and Other Injury.** I know there is a risk of injury. I understand the risk of continuing to play sports with or after a concussion or other injury. I may have to get medical care if I have a suspected concussion or other injury. I also may have to wait 7 days or more and get permission from a doctor before I start playing sports again.

4.	mergency Care. If I am unable, or my guardian is unavailable, to consent or make medical decisions in an emergency,
	authorize Special Olympics to seek medical care on my behalf, unless I mark one of these boxes:
	I have a religious or other objection to receiving medical treatment. (Not common.)
	I do not consent to blood transfusions. (Not common.)
	(If either box is marked, an EMERGENCY MEDICAL CARE REFUSAL FORM must be completed.)

- 5. Overnight Stay. For some events, I may stay in a hotel or someone's home. If I have questions, I will ask.
- 6. **Health Programs.** If I take part in a health program, I consent to health activities, screenings, and treatment. This should not replace regular health care. I can say no to treatment or anything else at any time.
- 7. **Personal Information.** I understand that Special Olympics will be collecting my personal information as part of my participation, including my name, image, address, telephone number, health information, and other personally identifying and health related information I provide to Special Olympics ("personal information").
 - I agree and consent to Special Olympics:
 - using my personal information in order to: make sure I am eligible and can participate safely; run trainings and events; share competition results (including on the Web and in news media); provide health treatment if I participate in a health program; analyze data for the purposes of improving programming and identifying and responding to the needs of Special Olympics participants; perform computer operations, quality assurance, testing, and other related activities; and provide event-related services.
 - o using my contact information for communicating with me about Special Olympics.
 - I have the right to ask to see my personal information or to be informed about the personal information that is processed about me. I have the right to ask to correct and delete my personal information, and to restrict the processing of my personal information if it is inconsistent with this consent.
 - *Privacy Policy.* Personal information may be used and shared consistent with this form and as further explained in the Special Olympics privacy policy at www.SpecialOlympics.org/Privacy-Policy.
- Optional Informational Responses.
 -Please list your current living/housing situation (group home, with family, etc.):_____

 -How did you hear about us:______

Athlete Name:			
ATHLETE SIGNATURE (required for adult athlete with capacity to sign legal documents)			
I have read and understand this form. If I have questions	s, I will ask. By signing, I agree to this form.		
Athlete Signature: Date:			
PARENT/GUARDIAN SIGNATURE (required for athlete w	ho is a minor or lacks capacity to sign legal documents)		
I am a parent or guardian of the athlete. I have read and u to the athlete as appropriate. By signing, I agree to this f			
Parent/Guardian Signature:	Date:		
Printed Name:	Relationship:		

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT FOR COMMUNICABLE DISEASES ("Agreement") for SPECIAL OLYMPICS

In consideration of being allowed to participate in any way in Special Olympics sports training, competition or fundraising activities, the undersigned acknowledges, appreciates, and agrees that:

- 1. Participation includes possible exposure to and illness from infectious and/or communicable diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
- I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- I willingly agree to comply with the stated and customary terms and conditions for participation as
 regards protection against infectious diseases. If, however, I observe and any unusual or significant
 hazard during my presence or participation, I will remove myself from participation and bring such to
 the attention of the nearest official immediately; and,
- 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Special Olympics, Inc, Special Olympics Washington their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant:

Participant Signature:

Parent guardian/signature:_____

Date signed:

Date signed:
FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)
This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.
Name of parent/guardian: